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WEEKLY



KELLY OSBOURNE

HOW I GOT



Ce Ce Peniston Chooses Dr. Hall.

US WEEKLY picks-up the story!

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William J. Hall, M.D.

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YOU WANT TO KNOW ABOUT...

CeCe Peniston's PLASTIC SURGERY MAKEOVER

As she finishes recording her fourth album, the singer tells *Us* why she went under the knife

BEFORE



160
POUNDS

"I feel like I need to be the best that I can be," Peniston told *Us* in Arizona the day before her surgeries.



AFTER

130
POUNDS

"My husband told me, 'You look so beautiful!'" says the singer (at the Casa del Mar hotel in Santa Monica Nov. 19).

BEFORE

AFTER



CLAD IN A HOSPITAL GOWN AND lying on an operating table last summer, CeCe Peniston was terrified. Before undergoing three liposculpture procedures, "I didn't know what the result would be," the 40-year-old singer tells *Us*. "I thought, Should I be doing this?!" Opting for nip/tuck was not a decision the dance diva — best known for her 1991 hit "Finally" — took lightly. After reading in *Us* how Janet Jackson shed 60 stubborn pounds with a strict diet and workout regimen, the lifelong yo-yo dieter was inspired to get in shape: "Janet was like, 'I'm back!' I wanted to see *my* body like that." So she adopted a low-carb, sugar-free diet and did regular workouts that included hourlong Pilates sessions. But after nearly a year

on the plan, she says, "there were still problem areas that wouldn't budge." **Making the cut** Enter Dr. William Hall, whose practice, Infini Cosmetic Associates, is based in Scottsdale, Arizona, near where Peniston lives with

her hubby of six years, Frank Martin, 37. After two consultations, the 5-foot-6 star decided to get liposculpture (*see box, below*) and, in just four hours, shrank from a size 10 to a 6. "It was uncomfortable," she

says, as were the three weeks of recovery that included three days of immobility, a week wearing a girdle and regular sessions of massage to curb swelling. But ultimately Peniston (who's lost 5 more pounds on a low-cal diet) says it was worth it: "Now my body looks the way I want it to." IAN DREW & JENNIFER O'NEILL



Peniston was fuller-figured in the 1991 "Finally" video.

"I had to wear a chin strap for a week," she says of her recovery.



THE DETAILS

To help create the singer's new bod, Hall (right) did liposculpture, which uses small instruments to cut and suction fat from the body while patients are under local anesthesia. Peniston stayed awake (and watched *Sex and the City!*) while Hall cut 5 inches from her midsection, 2 inches from each arm and a 1/2 inch from her chin. Total price: about \$4,500.



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